
RECORDS Long Course
LC Meters-Female

8 & U	50 Free	35.33	30-May-08	HSA	MALLORY UNDERWOOD
	100 Free	1:16.58	11-Apr-08	HSA	MALLORY UNDERWOOD
	50 Back	41.33	11-Apr-08	HSA	MALLORY UNDERWOOD
	50 Breast	45.87	1-Jan-81	HSA	KATHERINE RHODES
	50 Fly	38.90	30-May-08	HSA	MALLORY UNDERWOOD
	200 Free Relay	2:34.16	1-Jan-81	HSA	L. HARRISON; C/ HUNG; K. OWEN; K. RHODES
	200 Medley Relay	2:54.40	1-Jan-81	HSA	L. HARRISON; C. HUNG; K. OWEN; K. RHODES
10 & U	50 Free	30.59	25-Jun-10	UN SE	MALLORY A. UNDERWOOD at 2010 SE NAC Summer Sizzler
	100 Free	1:07.15	25-Jun-10	UN SE	MALLORY A. UNDERWOOD at 2010 SE NAC Summer Sizzler
	200 Free	2:23.92	1-Jul-83	HSA	KRISTEN OWEN
	400 Free	5:10.78	14-May-10	HSA SE	MALLORY A. UNDERWOOD at 2010 SE NIKE Swim Long Course Invitational
	50 Back	36.02	25-Jun-10	UN SE	MALLORY A. UNDERWOOD at 2010 SE NAC Summer Sizzler
	100 Back	1:19.26	1-Jan-83	HSA	KATHERINE RHODES
	50 Breast	39.77	27-Jul-95	HSA	LAUREN KAUFMANN
	100 Breast	1:26.31	1-Jan-83	HSA	KATHERINE RHODES
	50 Fly	33.24	1-Jan-83	HSA	KRISTEN OWEN
	100 Fly	1:13.61	1-Jan-83	HSA	KRISTEN OWEN
	200 IM	2:42.58	1-Jan-83	HSA	KATHERINE RHODES
	200 Free Relay	2:06.89	1-Jan-83	HSA	K. OWENS; L. HARRISON; J. NADOLSKI; K. RHODES
	200 Medley Relay	2:24.27	1-Jan-83	HSA	K. OWEN; S. FRAZIER; J. NADOLSKI; K. RHODES
	11-12	50 Free	28.92	22-Jul-10	HSA SE
100 Free		1:03.28	1-Jan-85	HSA	JEANNIE NADOLSKI
200 Free		2:15.89	1-Jan-85	HSA	KRISTEN OWEN
400 Free		4:37.37	1-Jan-81	HSA	MICHELLE LIKOS
800 Free		9:59.56	26-Jul-01	HSA	ALEX KRAUS
1500 Free		19:58.69	15-Jun-01	HSA	ALEX KRAUS
50 Back		34.01	1-Jan-85	HSA	GINA WERNLE
100 Back		1:09.19	1-Dec-75	HSA	JAN KING
200 Back		2:51.54	22-May-10	HSA SE	CHLOE H. HUI at 2010 SE Auburn Aquatics LC invitational
50 Breast		35.95	1-Aug-99	HSA	CAROLINE WILLS
100 Breast		1:19.38	1-Jan-85	HSA	KATHERINE RHODES
200 Breast		3:03.61	27-Jun-08	HSA	MEGAN HINELY
50 Fly		31.13	13-Jul-97	HSA	TAWNIE BETHUNE
100 Fly		1:08.07	13-Jul-97	HSA	TAWNIE BETHUNE
200 Fly		3:00.95	12-Jun-04	HSA	KACEY COULTER
200 IM		2:32.62	1-Feb-86	HSA	KATHERINE RHODES
400 IM		5:21.91	29-May-09	HSA SE	Elle HAAPOJA at 2009 SE Stars & Stripes Open
200 Free Relay		1:58.97	1-Feb-86	HSA	K. RHODES; S. FRAZIER; K. OWEN; J. NADOLSKI
200 Medley Relay		2:14.87	1-Feb-86	HSA	K. OWEN; M. HOOPER; J. NADOLSKI; K. RHODES
400 Medley Relay		4:48.45	1-Feb-86	HSA	K. OWEN; M. HOOPER; J. NADOLSKI; K. RHODES
13-14	50 Free	27.50	1-Jan-93	HSA	KIM WILSON
	100 Free	59.90	26-Jul-01	HSA	SAMMIE PELHAM
	200 Free	2:08.42	1-Jan-93	HSA	KIM WILSON
	400 Free	4:23.24	1-Jan-83	HSA	MICHELLE LIKOS
	800 Free	9:02.11	1-Jan-82	HSA	MICHELLE LIKOS
	1500 Free	17:18.37	1-Jan-82	HSA	MICHELLE LIKOS
	100 Back	1:06.13	1-Jan-77	HSA	JAN KING

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13-14	200 Back	2:20.60	1-Aug-77	HSA	JAN KING
	100 Breast	1:18.10	1-Aug-86	HSA	KATHERINE RHODES
	200 Breast	2:42.72	1-Aug-87	HSA	KATHERINE RHODES
	100 Fly	1:05.93	23-Jul-98	HSA	TAWNIE BETHUNE
	200 Fly	2:19.09	27-Jul-99	HSA	TAWNIE E BETHUNE
	200 IM	2:24.98	1-Aug-87	HSA	KATHERINE RHODES
	400 IM	5:01.97	1-Aug-87	HSA	KATHERINE RHODES
	400 Free Relay	4:10.90	26-Jul-01	HSA	S. PELHAM; C. WILLS; A. RANDALL; S. SYLVESTER
	800 Free Relay	9:11.93	1-Jan-83	HSA	M. CARLSON; D. KING; M. LIKOS; C. LEWIS
	400 Medley Relay	4:42.87	1-Jan-77	HSA	B. CROWSON; A. HOWARD; J. KING; A. ORR
	50 Free	27.08	22-Jul-10	HSA SE	Valerie NUBBE at 2010 Long Course Southeastern Championship
	100 Free	58.00	1-Jan-97	HSA	EMILY WANG
	200 Free	2:05.99	1-Jan-96	HSA	KIM WILSON
	400 Free	4:22.02	1-Aug-00	HSA	TESS HUGHES
	800 Free	8:51.14	1-Aug-00	HSA	TESS HUGHES
	1500 Free	16:54.86	1-Oct-77	HSA	MARLA BROOKSBANK
	100 Back	1:06.13	1-Oct-77	HSA	JAN KING
	200 Back	2:20.00	1-Oct-77	HSA	JAN KING
	100 Breast	1:13.45	1-Dec-90	HSA	KATHERINE RHODES
	200 Breast	2:35.68	1-Jan-90	HSA	KATHERINE RHODES
	100 Fly	1:02.99	1-Jan-88	HSA	MINDY GEHRS
	200 Fly	2:17.02	1-Jul-87	HSA	MINDY GEHRS
	200 IM	2:21.57	1-Jan-90	HSA	KATHERINE RHODES
	400 IM	4:56.90	1-Aug-88	HSA	KATHERINE RHODES
	400 Free Relay	4:08.89	25-Jul-02	HSA	HUNTSVILLE SWIM ASSOC. S. JOHNSON, T. BETHUNE, S. PELHAM,
	800 Free Relay	8:49.23	1-Aug-83	HSA	A RELAY
	400 Medley Relay	4:29.10	1-Jun-83	HSA	A RELAY

RECORDS Long Course
LC Meters-Male

8 & U	50 Free	35.22	1-Jan-74	HSA	DRAKE NUNN	
	100 Free	1:19.41	1-Jan-74	HSA	DRAKE NUNN	
	50 Back	42.71	1-Jan-74	HSA	BRIAN DILLON	
	50 Breast	42.83	10-May-97	HSA	BRIAN CHAN	
	50 Fly	40.11	10-May-97	HSA	BRIAN CHAN/DRAKE NUNN-1974	
	200 Free Relay	2:41.08	1-Apr-76	HSA	A RELAY	
	200 Medley Relay	2:53.22	1-Jan-86	HSA	POPP; JOHNSON; CLARK; ROBINSON	
10 & U	50 Free	30.79	15-May-92	HSA	TONY SUMMERVILLE	
	100 Free	1:07.41	17-Jul-08	HSA	MACON GRAVES	
	200 Free	2:26.14	1-Jan-76	HSA	DRAKE NUNN	
	400 Free	5:05.90	19-Jul-07	HSA	CHANDLER J. ESPY	
	50 Back	35.09	19-Jul-07	HSA	CHANDLER J. ESPY	
	100 Back	1:18.78	19-Jul-07	HSA	CHANDLER J. ESPY	
	50 Breast	40.02	5-Jun-97	HSA	JIM WILLS	
	100 Breast	1:27.23	31-Jul-97	HSA	JIM WILLS	
	50 Fly	33.20	19-Jul-07	HSA	CHANDLER J. ESPY	
	100 Fly	1:14.91	19-Jul-07	HSA	CHANDLER J. ESPY	
	200 IM	2:46.67	1-Nov-76	HSA	CHRIS McCOOL	
	200 Free Relay	2:07.75	1-Jan-77	HSA	A RELAY	
	200 Medley Relay	2:31.04	1-Apr-76	HSA	NUNN, DILLON; MATTLE; C. McCOOL	
	11-12	50 Free	26.77	1-Aug-76	HSA	KEATINGS JOHN
100 Free		58.63	2-Aug-00	HSA	JOSH RENEGAR	
200 Free		2:05.07	28-Jul-00	HSA	JOSH RENEGAR	
400 Free		4:20.88	1-Aug-00	HSA	JOSH RENEGAR	
800 Free		9:11.27	30-Jul-00	HSA	JOSH RENEGAR	
1500 Free		25:00.00	1-Jan-00	HSA	N/A	
50 Back		31.87	1-Aug-04	HSA	STEVEN GRIFFIN	
100 Back		1:09.83	1-Jul-93	HSA	JAMES SALAZAR	
200 Back		4:30.00	1-Jan-00	HSA	N/A	
50 Breast		34.61	25-Jul-03	HSA	BENJAMIN MORRIS	
100 Breast		1:15.61	1-Feb-86	HSA	JASON WOODWORTH	
200 Breast		3:11.59	21-Jun-03	HSA	BENJAMIN MORRIS	
50 Fly		29.44	1-Aug-04	HSA	STEVEN GRIFFIN	
100 Fly		1:03.47	4-Aug-00	HSA	JOSH RENEGAR	
200 Fly		4:30.00	1-Jan-00	HSA	n/a	
200 IM		2:25.70	2-Aug-00	HSA	JOSH RENEGAR	
400 IM		10:00.00	1-Jan-00	HSA	N/A	
200 Free Relay		1:55.44	1-Jan-77	HSA	A RELAY	
200 Medley Relay		2:13.42	1-Jan-85	HSA	M. CRAWFORD; R. JOHNSON; MARK; JASON	
400 Medley Relay		4:50.23	1-Jan-85	HSA	M. CRAWFORD; R. JOHNSON; MARK; JASON	
13-14		50 Free	25.55	1-Jan-89	HSA	JOHN PIERSMA
		100 Free	55.36	31-Jul-07	HSA	TYLER J. KALISZAK at ZONES
		200 Free	2:04.00	19-Jul-07	HSA	TYLER J. KALISZAK
	400 Free	4:16.64	13-Jul-95	HSA	JAMES SALAZAR	
	800 Free	8:41.18	13-Jul-95	HSA	JAMES SALAZAR	
	1500 Free	16:36.78	13-Jul-95	HSA	JAMES SALAZAR	
	100 Back	1:02.60	13-Jul-95	HSA	JAMES SALAZAR	

RECORDS Long Course

13-14	200 Back	2:13.00	13-Jul-95	HSA	JAMES SALAZAR
	100 Breast	1:06.76	19-Jul-07	HSA	TYLER J. KALISZAK
	200 Breast	2:29.97	31-Jul-07	HSA	TYLER J. KALISZAK at ZONES
	100 Fly	1:02.42	22-Jul-10	HSA SE	LUKE KALISZAK at 2010 Long Course Southeastern Championship
	200 Fly	2:10.16	13-Jul-95	HSA	JAMES SALAZAR
	200 IM	2:14.89	19-Jul-07	HSA	TYLER J. KALISZAK
	400 IM	4:42.92	1-Jan-95	HSA	JAMES SALAZAR
	400 Free Relay	3:53.36	1-Jan-79	HSA	A RELAY
	800 Free Relay	8:47.37	1-Jan-81	HSA	A RELAY
	400 Medley Relay	4:23.96	22-Jul-10	HSA SE	HUNTSVILLE SWIM ASSOCIATION L. KALISZAK, S. DAY, C. ESPY, J. SU
	50 Free	24.06	22-Jul-10	HSA SE	George Wong at 2010 Long Course Southeastern Championship
	100 Free	51.66	17-Aug-92	HSA	JOHN PIERSMA
	200 Free	1:50.23	17-Aug-92	HSA	JOHN PIERSMA
	400 Free	3:57.55	1-Jan-82	HSA	KEITH SWITZER
	800 Free	8:17.70	1-Jan-82	HSA	KEITH SWITZER
	1500 Free	15:39.47	1-Jan-82	HSA	KEITH SWITZER
	100 Back	59.44	30-Jul-02	HSA	RYAN D. RHOADES
	200 Back	2:06.14	26-Jul-01	HSA	JAMES SALAZAR
	100 Breast	1:04.67	22-Jul-10	HSA SE	Cameron CONNERS at 2010 Long Course Southeastern Championship
	200 Breast	2:23.77	22-Jul-10	HSA SE	Cameron CONNERS at 2010 Long Course Southeastern Championship
	100 Fly	57.02	1-Aug-82	HSA	CHRIS O'NEIL
	200 Fly	2:05.06	15-Jul-99	HSA	JAMES SALAZAR
	200 IM	2:09.19	22-Jul-93	HSA	JOHN PIERSMA
	400 IM	4:32.13	15-Jul-99	HSA	JAMES SALAZAR
	400 Free Relay	3:35.24	22-Jul-92	HSA	A RELAY
	800 Free Relay	7:48.14	13-Feb-92	HSA	A RELAY
	400 Medley Relay	3:58.23	22-Jul-10	HSA SE	HUNTSVILLE SWIM ASSOCIATION P. Deaton, C. CONNERS, T. ESPY, G.