

End of Summer 2010 for SD/ Junior/ Senior

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|---|--|
| July 25 Southeasterns | 26 5:30-7:30 AM Meet Prep | 27 5:00-7:30 AM Meet Prep | 28 5:00-7:30 AM Meet Prep | 29 5:00-7:30 AM Meet Prep | 30 5:00-7:30 AM Meet Prep | 31 7:00-9:00 AM Meet Prep |
| August 1 | 2 5:30-7:30 AM Meet Prep | 3 5:30-7:30 AM Meet Prep | 4 6:00-7:30 AM Meet Prep | 5 6:00-7:30 AM Meet Prep | 6 6:00-7:30 AM Meet Prep | 7 7:30-9:00 AM Meet Prep New Swimmer Evaluation Day |
| 8 Junior Nat. Qualifiers 2000 on your own | 9 5:00-7:30 AM Meet Prep Junior Nationals | 10 5:00-7:30 AM Meet Prep Junior Nationals | 11 5:00-7:30 AM Meet Prep Junior Nationals | 12 OFF Junior Nationals | 13 OFF Junior Nationals | 14 OFF Matt's Wedding Day |
| 15 | OFF | OFF | OFF | OFF | OFF | OFF |
| 22 | OFF | OFF | 3:30-6:00 PM Meet Prep | 3:30-6:00 PM Meet Prep | 3:30-5:45 PM Meet Prep | OFF |